

SAFE SCHOOLS CHARTER



Personal Safety at School

What is personal safety?

Personal safety is the ability to go about your everyday life free from the threat or fear of violence or aggression.

What does violence and aggression mean?

Violence and aggression includes: verbal abuse, making threats, physical attacks, intimidating people and bullying.

What should I do if I feel threatened at school?

Try to get away to a place where you feel safe. This could be somewhere where there are other people or where there are members of staff.

Isn't it weak to walk away?

No! It takes a lot of strength to walk away, especially if you are angry.

Can't I stand up to the person?

You can be assertive but try not to meet aggression with aggression. If you do, the situation will almost always get worse.

How should I act?

Try and stay calm. Speak slowly and firmly – don't shout. If the other person calms down, you might want to talk things over, otherwise move away.

They're in my space!

Personal space is important to everyone. Try and respect other people's space especially when they're angry or upset.

What if I can't get away?

Use your voice. Shout a specific instruction like "Let me go!" or "Call a teacher!" This tells other people that you need help and lets them know what to do.

My friend's in trouble!

Stop and think before getting involved. You might be more help by alerting a member of staff.



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Personal Safety at School

1. We will ensure that everyone in our school community is aware of the importance of their own and others' personal safety.
2. We will check that everyone understands what they need to do to help keep our school community safe.
3. We will commit to making sure that everyone in our school community knows that they have the right to feel safe; regardless of their background, colour, sexual orientation or ability.
4. We will speak out if we have a concern about our own or someone else's safety.
5. We will use different ways to communicate our personal safety rules.
6. We will ask everyone to help create a safe environment in which we can work and learn.



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