

# SOMEONE IS ALWAYS HERE

## Need help coming to terms with Kidney Failure? Contact Us

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# KIDNEY DISEASE

*Can strike anyone  
at any time*

# WHAT IF IT HAPPENED TO YOU



Southport Kidney Fund

Supporting  
Patients with  
Kidney Failure  
since 1979

Founder Joan Coleman  
Registered Charity Number 510320

## Without working kidneys, your body cannot function

### Some Facts about Kidney Failure

Once a Patient is diagnosed with Kidney Failure, they will **ALWAYS** require some form of treatment which if diagnosed early enough, normally starts with drug therapy.

Later stages of kidney failure require dialysis and ultimately a kidney transplant

Dialysis and Transplantation are treatments, not cures.

Dialysis as a Hospital Outpatient or at a Dialysis Unit usually requires 3 visits per week. Each session lasts for up to 4 hours. The Patient is given a time slot which is usually Morning or Afternoon. Some Units also offer a 'Twilight' slot which suits those still in work.

Some Patients have to endure either more or less dialysis depending on their condition.

There are various forms of Home Dialysis. **Peritoneal Dialysis** can be adapted to personal needs and involves a tube in the stomach and exchanges of fluid which then carries the toxins from the body. This can involve regular 'bag' exchanges approximately 4 times per day or the use of a machine which can perform this task automatically overnight.

**Haemodialysis** (which is usually performed at hospital as it involves direct access to the bloodstream using needles) is now being offered to suitable patients to manage at home. This requires training and support from family members.

## What We Do

Established in October 1979, we provide assistance to **ALL Patients with Kidney Failure no matter what age** within the 01704 telephone code area or who dialyse at the Southport NHS Dialysis Unit.

The Committee of volunteers works to raise funds to support our Kidney Patients and other Kidney Charities dedicated to research in this field.

Southport Kidney Fund (SKF) can provide **Financial Assistance** to patients who request it. Each request is taken on its own merits and the Committee meets monthly to discuss who needs help.

Previously we have helped pay dialysis costs for holidays, helped patients after flooding of their home, paid towards computer courses. All requests for help are considered fairly.

Each year we have a variety of fund raising events including a Christmas Fair and various Supermarket Collections. We **ALWAYS** need extra help with these activities.

When given the chance to take part at events, we do our best to raise awareness about Kidney Failure and to help get people signed up to the Organ Donor Register. You can do it too at [www.uktransplant.org.uk](http://www.uktransplant.org.uk) or by telephoning **0300 123 23 23**

ALL Patients with Kidney Failure whether just diagnosed, dialysing or transplanted have Good Days and Bad Days.

Help US to make the Good Days **BETTER!!**

## Get in Touch or Help us by Donating

Southport Kidney Fund has a dedicated Committee with experience of all forms of Kidney Treatment from **Diagnosis and Pre-Dialysis to all forms of Dialysis and Transplantation.**

We are willing to provide non medical advice & information on request. **Please contact one of the Members listed overleaf.**

Please make cheques payable to Southport Kidney Fund and send to our Treasurer:-

**Mr N Bentley**  
**45 Chapel Road,**  
**Hesketh Bank**  
**PR4 6RT.**

You can donate online at [www.justgiving.com/southportkidneyfund](http://www.justgiving.com/southportkidneyfund)

Visit us on **Facebook** or on our website at [www.southportkidneyfund.org](http://www.southportkidneyfund.org)

Recent research shows that 1 in 10 people will develop Chronic Kidney Disease or CKD. This is obviously very shocking but also highlights the need for more support and more research.

Your kindness and support will help the Patients we assist to cope better with the constraints of Kidney Failure.

If you know someone who may need our help, please contact us and let us know.

Thank you for your kindness.